Use Rooting Hormones, or Not?  
Multiple Applications May Be Best

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Plant growers know when propagating plants from cuttings, rooting hormones are essential to produce quality roots. The question may come up, if one rooting hormone application is good, are two or more applications better?

Plant propagation from cuttings can be performed using rooting hormones by either basal or foliar methods. Basal methods use either Dry Power Rooting Hormones or Rooting Solutions. Foliar methods use aqueous K-IBA Rooting Solutions on leafy cuttings in the growing state. Traditionally these methods have been used by one application.

Improving single rooting hormone application, secondary K-IBA Rooting Solution foliar applications may enhance the rooting of slow-to-root cuttings, and may level crops that have difference in growth. The first rooting hormone application, at time of sticking, may be performed by any foliar or basal method. Secondary applications are performed by spraying on leaves by the Spray Drip Down Method (see below). Secondary applications are used on cuttings already in media; subsequent sprays do not disturb the cuttings. Secondary applications have been successful at ten days to two weeks after the first application. Also successful are three day applications in sequence directly after sticking.

Many factors must be considered to develop single or multiple rooting hormone applications. For plants propagated from cuttings, the cuttings must be taken from carefully maintained stock plants. Rooting hormone applications improve root formation on un-rooted (see the BallFlora Plant study) and rooted cuttings. Juvenile cuttings root at lower rooting hormone rates as compared with mature cuttings (see the Ficus study). To select the optimal rooting hormone rates, trials must be made at low to high rates (see the Ficus and Osteospermum studies).

The first rooting hormone application may be performed by any basal or foliar method. Secondary K-IBA Rooting Solution applications must be foliar by the Spray Drip Down Method using aqueous solutions made using Hortus IBA Water Soluble Salts. First and secondary foliar spray applications may be at the same rate (see Rates, Methods and Products). There are positives to use secondary applications with no apparent negatives. When using secondary applications, herbaceous plant cuttings may perform better when using plants may benefit from foliar spray where root generation is stimulated.

Cited are four studies:
- 'Use Rooting Hormone or Eat Ice Cream?' by BallFlora Plant
- Osteospermum study by Dr. Allen Hammer
- Decker Nursery Study by Brian Decker
- ‘Growth Regulator Effects on Adventitious Root Formation in Leaf Bud Cuttings of Juvenile and Mature Ficus pumila’ by Dr. Fred Davies.

BallFlora Plant study
“Use Rooting Hormone or Eat Ice Cream?” (Grower Talks) by Ball FloraPlant technical advisors, give reasons for using rooting hormones. Some growers feel no need to use rooting hormones when propagating plants despite obtaining poor roots. They feel any roots are enough. Poor cutting roots result in poor plants. Applications of rooting hormones to the cuttings result in high quality uniform
roots. Ball FloraPlant scientists used K-IBA Rooting Solutions made with Hortus IBA Water Soluble Salts.

The Ball FloraPlant article states:

“Is it worth it? Please trial under your propagation conditions to check.” “So, in conclusion, if you want to root cuttings as fast as Rickey Henderson steals bases, you should use rooting hormone. I think that you should start a trial today—even on crops that don’t require rooting hormone to see if you can root faster, high-quality liners. Our conclusion was that K-IBA spray at 100 ppm [for the crops studied] gave the best rooting results while providing the lowest input cost during stick.”

Osteospermum study
An Osteospermum study, by Dr. P. Allen Hammer, shows how optimum K-IBA Rooting Solution rates are selected and the effect of two solution applications. Dr. Hammer’s Osteospermum herbaceous plant study was to find the optimum K-IBA rooting hormone rate and secondary spray timing. Trial K-IBA Rooting Solution rates were from low to very high. The study is shown below is courtesy of Dr. Hammer.


Procedure:
• Cuttings were taken from Osteospermum “sweet yellow”.
• Cuttings were stuck.
• K-IBA Rooting Solutions were made with Hortus IBA Water Soluble Salts®.
• Cuttings were sprayed using the Spray Drip Down Method®.
• The K-IBA Rooting Solution was sprayed on leaves until drip down.
• The first and supplementary applications were at the same rate.

Treatment comparisons:
• Control cuttings had no treatment.
• One time treated cuttings had foliar solution application on day of sticking.
• Two time treated cuttings had foliar solution application on day of sticking, and the tenth day after sticking.

Results:
• The photos taken on the 21st day after sticking
• Treated cuttings showed variable roots related to the K-IBA Rooting Solution rates. An optimum rate was established. Cuttings treated at rates lower and higher than that rate had reduced roots and root mass.
• Control: small roots and root mass.
• One time treated: variable roots and root mass at tested K-IBA rates.
• Two time treated: the best roots and root mass when treated two times at an optimum rate of 600 ppm K-IBA.
Photos were taken on the 21st day after sticking:

Control: no treatment.

One time treated: treat on the day of sticking

Two times treated: First treat on the day of sticking. Second treatment on the 10th day after sticking.

**Ficus pumila study**

Growth Regulator Effects on Adventitious Root Formation in Leaf Bud Cuttings of Juvenile and Mature Ficus pumila is Dr. Fred Davies’ study on Ficus pumila (based upon his thesis).

The study describes the efficacy of foliar applied aqueous K-IBA Rooting Solutions on root formation concerning cutting maturity. It also discusses differences in root formation related to time-based applications. Dr. Davies’ Ficus pumila study used either one foliar aqueous K-IBA Rooting Solution application at time of sticking or one application several days after sticking.

The study states:

“Adventitious root formation was stimulated with foliar application of indolebutyric acid (IBA).” Dr. Davies’ first step was to do “an experiment to establish optimum IBA concentration required for rooting.” “All growth regulators were applied as aqueous sprays.”

Juvenile vs. mature cuttings, “Lower IBA levels were required for optimal rooting in juvenile compared with mature LBC [leaf bud cuttings].”

For the crop studied, noticing rooting differences based upon type of cutting, “Hormonal effects
during rooting stages: Percentage rooting in IBA pretreated cuttings was unaffected by additional IBA at any of the 3 time intervals after insertion, however, root length was reduced in all treatments. In juvenile LBC receiving no treatment, later IBA applications increased rooting in all dates, but in mature cuttings only the first or second application period was stimulatory.”

Decker Nursery Study

The study states:
“Spray Protocol for K-IBA Spray Application: Use a Hortus IBA Water Soluble Salts solution.” “Use a flag marker to mark each days sticking progress to track the 3 day spray rotation. All Hormone applications occur in early morning. Stomata are open and cuttings are generally not in moisture stress.” “Improve root formation during positive trials at either when spraying three days in a row after sticking, or spraying at three times weekly after sticking.”

The first and daily secondary applications were at the same rate. Decker also used an alternate method, applying soon after sticking with a secondary application after about two weeks. These techniques gave cuttings stronger root mass compared with single treated cuttings. Extending Decker’s results, later weekly applications may improve the roots of slow-to-root cuttings.

Rates, Methods and Products Used in Multiple Rooting Hormone Applications
Two families of rooting products are used for plant propagation from cuttings.
• For foliar Rooting Solution applications, solutions are made using K-IBA dissolved in water. K-IBA is the water soluble form of IBA. If specified, K-IBA or IBA rates are the same.
• For dry dip applications, Dry Dip Rooting Hormones consist of IBA in and insoluble talc base.

Dry Dip Products, Method, and Trial Rates
For the first rooting hormone application, one option is to treat by the Dry Dip Method using an IBA rooting hormone powder. Some cuttings root best using Dry Dip powders. Typical rooting hormone powder products familiar to US and European growers are: Rhizopon® AA #1 (0.1% IBA) which is used to root easy-to-root cuttings, Rhizopon® AA #2 (0.3% IBA), which is used to root easy to more difficult-to-root cuttings, and Rhizopon® AA #3 (0.8% IBA) which is used to root more difficult-to-root cuttings.

Basal Dry Dip Method
Dry Dip Method is only used for a first rooting hormone application:
The basal ends of the cuttings are dipped about 3/4 inch into the powder, then stuck in media.

Basal Dry Dip Rates
Trial rates using typical rooting hormone powders:
• annual plant cuttings use dry dip powder Rhizopon AA #1, or Rhizopon AA #2.
• For perennial plant cuttings use Rhizopon AA #1, Rhizopon AA #2 or Rhizopon AA #3.
• For woody plant cuttings use Rhizopon AA #2, or Rhizopon AA #3.

Rooting Solution Products, Methods, and Trial Rates
When used for multiple applications, the first Rooting Solution application can be done by either the Total Immerse Method or Basal Quick Dip Method. For the first and secondary K-IBA Rooting Solution applications the foliar Spray Drip Down Method® can be used. For secondary applications it is necessary to use the foliar Spray Drip Down Method®.
Rooting Solution Products

**K-IBA is the Water Soluble form of IBA.**

The only labeled K-IBA Rooting Solutions for foliar methods are made with Hortus IBA Water Soluble Salts® & Rhizopon® AA Water Soluble Tablets.

Rooting Solution Methods

**Basal Method**

**Basal Quick Dip Method** is only used for a first Rooting Solution application:
The basal ends of the cuttings are dipped about 3/4 inch into the Rooting Solution then stuck in media. Rates are established per plant variety.

**Foliar Methods**

**Spray Drip Down Method®** is used for first or secondary Rooting Solution applications:
The cuttings are stuck in media. The Rooting Solutions is sprayed onto the leaves until the solution drips down. Spraying is done soon after sticking or when not under heat stress, such as early morning. An excess of solution is best rather than a starved liquid volume. Facility appropriate spray equipment is used such as backpack, hydraulic, booms, or robots.

**Total Immerse Method** is only used for a first Rooting Solution application:
The cuttings are totally immersed a few seconds in the Rooting Solution then stuck in media.

Rates for Foliar K-IBA Rooting Solution Trials

**Trial Rates** for the Spray Drip Down and Total Immerse Methods (for first time application) trial IBA and Rooting Solution rates using Hortus IBA Water Soluble Salts:
The first foliar and supplementary applications are at the same rate. Where K-IBA or IBA rates are specified they should be considered the same.

- For annuals, perennials, chrysanthemums: 80-250 ppm IBA (typical 150-200 ppm)
- For herbaceous & hard-to-root perennial cuttings: 250-1500 ppm IBA (typical 750-1000 ppm)
- For woody ornamental cuttings: 300-1500 ppm IBA (typical 750-1000 ppm)

**Trial Procedure**

When starting cuttings trial secondary applications for herbaceous and woody plant cuttings should be by first treating by any method, near or at the time of sticking.

For secondary applications select either of these ways:
- First treat then should repeat with sprays at about ten day to two week intervals.
- First treat then should spray the cuttings two additional days in a row.

When transplanting young rooted plantlets the objective should be to improve root generation and root mass.

Rooted transplants, including grass divisions, may be treated both first and secondary by the foliar Spray Drip Down Method. Repeat spray in about two week intervals. Foliar Rooting Solution rates are similar to those used for initial rooting.

**Discussion on optimum cuttings and rooting hormones by single or multiple applications**

The need for single or multiple rooting hormone applications is related to cutting quality. The best quality cuttings must be selected when propagating using rooting hormones.

Juvenile cuttings are preferred. It is first necessary to determine the optimal rate by performing a
block of trials on un-rooted cuttings using low to high rates as seen in the Osteospermum study (1). When performing rate trials on herbaceous cuttings from off-shore plantations, it may be possible to determine standard optimal rates. Plantations maintain juvenile stock, discarding old plants (1). Rates may be specific to varieties but not necessarily suitable for the entire species. Cultivars not “needing” multiple sprays or higher dose of K-IBA Hortus IBA Water Soluble Salts® Rooting Solutions may not show problems (1), yet have positive results. Woody cuttings have an additional variable as seen in the Ficus study. Juvenile cuttings taken early in the season require lower rates than mature cuttings taken later in the season. Mature cuttings may not have as much reaction to application when applied later in the rooting cycle (2).

The strategy to perform multiple solution applications has merit. It needs to be tested on various plant varieties. To be determined, if a specific species or variety has low rooting ability then multiple applications may be less likely to be effective, or may be timing dependent (3). The results might not be the same within a variety, even by color variation (1).

Secondary rooting hormone application may be beneficial if after one application is it found cuttings are slow-to-root or have a low rooting percentage.

Trials must be made to compare a single application method with secondary applications. For secondary applications always use the foliar Spray Drip Down Method® using Hortus IBA Water Soluble Salts® Rooting Solutions. For all applications the Spray Drip Down Method may be most effective and convenient. Growers who root many crops and cultivars at one time may find it is harder to spray different cultivars with a specific Rooting Solution rate that may be optimal for certain cultivars. Spraying all cultivars with the rate that works for the most difficult cultivar is not detrimental for the better rooting cultivars, and easier for the grower (1).

To answer the question, if one rooting hormone application is good, are two or more applications better? It is worth trying!
Discussion comments contributed:
(1) Dr. P. Allen Hammer
(2) Dr. Fred T. Davies
(3) Dr. Jerry D. Cohen

References


